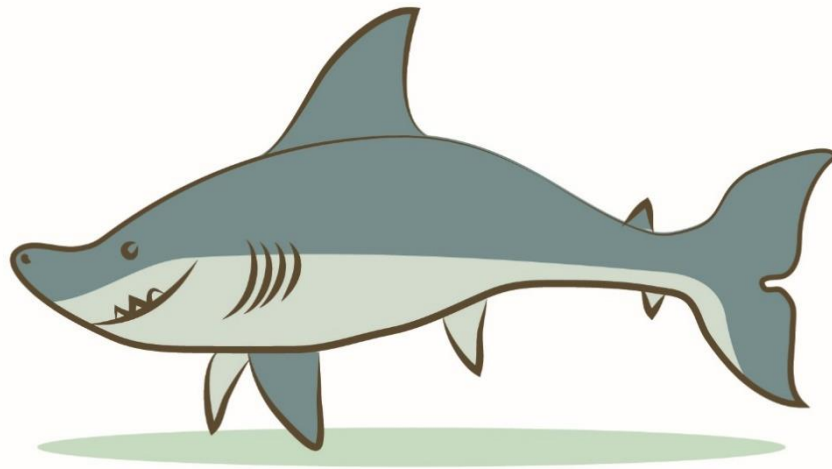


Ways to help me say... 'sh'



1. Show me (visual cues)

- Help me look in a mirror so I can see my round lips
- You model the sound by repeating lots of words that contain the 'sh' sound

2. Tell me these tips (verbal cues)

- "Push your lips forward."
- "Keep your tongue back (lazy tongue)."
- "Blow your air out gently."
- "Keep your teeth together."

3. Help me say my sound in:

- Isolation
- Syllables (e.g. she, shar, orsh, oosh)
- Beginning of words (e.g. sheep, ship)
- End of words (e.g. push, fish)
- Phrases (e.g. I see a fish)

4. Other tips which might help me:

- *Aspiration Trick* to help blend (e.g. sheep = sh-heep, ship = sh-hip)
- You may need to help me use my finger to push my tongue back to help me learn where my tongue needs to go

Please give me lots of **praise**.

e.g. "That was a nice 'sh' sound!"

You can also praise me for good sitting/listening/looking/trying e.g. "Good trying"

"I'm getting better at saying my 'sh' sound each time we practice together!"

Thanks so much for helping me!