

Ways to help me say... 'p' and 'b'



1. Show me (visual cues)

- Help me look in a mirror so I can see my mouth
- You model the sound by repeating lots of words that contain the 'p' or 'b' sounds

2. Tell me these tips (verbal cues)

- "Put your lips together and then pop them open."
- You might need to help me put my lips together with my fingers.

3. Help me say my sound in:

- Isolation
- Syllables (e.g. pa, pea, boo, bo)
- Beginning of words (e.g. puppy, bubble)
- End of words (e.g. hop, cub)
- Phrases (e.g. I want to pop)

4. Other tips which might help me:

Aspiration trick to help blend (e.g. pig = p-hig, boy = b-hoy)

Please give me lots of **praise**.
e.g. "That was a nice 'p' sound!
Your lips popped open."

You can also praise me for good
sitting/listening/looking/trying e.g.
"Good trying"

**"I'm getting better at saying my
'b' sound each time we
practice together!"**

Thanks so much for helping me!