

# Ways to help me say... 'I'



## 1. Show me (visual cues)

- Help me look in a mirror so I can see my tongue up behind my top teeth
- You model the sound by repeating lots of words that contain the 'I' sound

## 2. Tell me these tips (verbal cues)

- "Put your tongue up behind your top teeth."
- "Hold your tongue there."
- "Make the 'I' sound."

## 3. Help me say my sound in:

- Isolation
- Syllables (e.g. lar, low, loo, lay)
- Beginning of words (e.g. like, love, leg)
- End of words (e.g. ball, full)
- Phrases (e.g. I like it)

Please give me lots of **praise**.  
e.g. "That was a nice 'I' sound! I can see your tongue up behind your teeth."

You can also praise me for good sitting/listening/looking/trying e.g. "Good trying"

**"I'm getting better at saying my 'I' sound each time we practice"**

## 4. Other tips which might help me:

- *Aspiration trick* to help blend (e.g. leg = I-heg, light = I-hight)
- Say it with a smile to help me not make a "w" sound
- Say words starting with "Ia" at first (e.g. laugh, lave, llama, latte)

**Thanks so much for helping me!**