

Ways to help me say... 'k'



1. Show me (visual cues)

- Help me look in a mirror so I can see my tongue position
- You model the sound by repeating lots of words that contain the 'k' sound

2. Tell me these tips (verbal cues)

- "Put the back of your tongue at the back of your mouth."
- "Make the sound come from the back of your mouth."
- "Put the front of your tongue down."
(you might need to tell me to hold the front of my tongue down with my finger)
- "Open your mouth wide."

3. Help me say my sound in:

- Isolation
- Syllables (e.g. car, cow, koe, kay)
- Beginning of words (e.g. cup, king)
- End of words (e.g. book, look)
- Phrases (e.g. I want a cup)

4. Other tips which might help me:

Aspiration trick to help blend (e.g. car = c-har, keep = k-keep)

Please give me lots of **praise**.
e.g. "That was a nice 'k' sound!
Your tongue was back."

You can also praise me for good
sitting/listening/looking/trying
e.g. "Good trying"

**"I'm getting better at saying
my 'k' sound each time we**

Thanks so much for helping me!