

The Maternity Assessment Questionnaire (MAQ)

You will get an SMS from "GC Health" asking you to complete a short health assessment 48 hours prior to your appointment.

Each assessment will take about 5-18 minutes to complete and will cover the following areas prior to your antenatal appointments:

- mental health
- pain
- bladder and bowel function
- birth satisfaction
- infant feeding and breastfeeding
- role transition
- quality of life
- satisfaction with care.

If you haven't completed the assessment, an SMS reminder will be sent 24 hours after the initial link is delivered.



Interpreter services



If you require this service, please advise the hospital prior to any medical appointments.

Waijungbah Jarjums Maternal and Child Health Service

If you and/or your baby Identify as Aboriginal or Torres Strait Islander, please ask your midwife about Waijungbah Jarjums Maternal and Child Health Service.



Scan me

Gold Coast Health acknowledges the gender diversity of all pregnant people. Where the term women/woman is used in our documents, this includes all people requiring midwifery, gynaecological and obstetric care.

Get in touch:

If you require assistance with the MAQ, our team is here to help:

Business hours 8am to 4pm, Monday to Friday.

📞 07 5687 8150

✉️ gcuhmaq@health.qld.gov.au

📍 Gold Coast University Hospital
1 Hospital Boulevard, Southport QLD 4215

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Gold Coast Health information
goldcoast.health.qld.gov.au

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Gold Coast Health

Personalised pregnancy and after birth care



Gold Coast Health
always care

Queensland
Government



Your voice, your health, your care

The Maternity Assessment Questionnaire (MAQ)

We support you with the right care at the right time.

What is the MAQ?

The MAQ is a series of five short digital health assessments, sent via text.

The MAQ asks about your health, your feelings and what matters most to you.

If a pregnancy or infant loss occurs, the MAQ offers tailored guidance, referral options, and support.

Why is the MAQ important?

Pregnancy, birth and life with a newborn can affect your body and emotions in different ways. The MAQ helps you and your health care provider better understand your needs so you can receive individualised, specialised care.



The benefits of the MAQ:



Helps to identify your health needs



Informs tailored care for you



Provides instant resources via text



Tracks changes in your health

How does it work?

There are five health assessments: 2 during pregnancy and 3 after birth



You'll receive a text from "GC Health" with a secure link to the MAQ.



You then answer the MAQ health assessment before your visit.



Helpful information will arrive (via text) after completing the MAQ.



During the visit, your health care provider will provide individual support and referrals if needed.

Why complete the MAQ before my appointment?

This ensures your appointment time is spent discussing what's important to you – making your visit more personal, meaningful and supportive.

Why is it important to complete all the health assessments after birth?

Some birth-related health issues can take a little time to show symptoms and are often picked up a few months after birth. The MAQ helps you track your physical and emotional recovery and ensures follow-up care is offered if needed.

Supporting our diverse population

We are committed to providing maternity care which meets the diverse needs of our community.

