## Mental Health and specialist services Gold Coast Hospital and Health Service

Mental Health Specialist Services provides an exciting opportunity for newly qualified nurses to develop specialist skills and knowledge in a range of care services catering to consumers of all ages, from Perinatal to older persons mental health.

## Learning Opportunities

- Develop specialist assessment skills
- Provide care utilising a bio psychosocial model

## **Professional Opportunities**

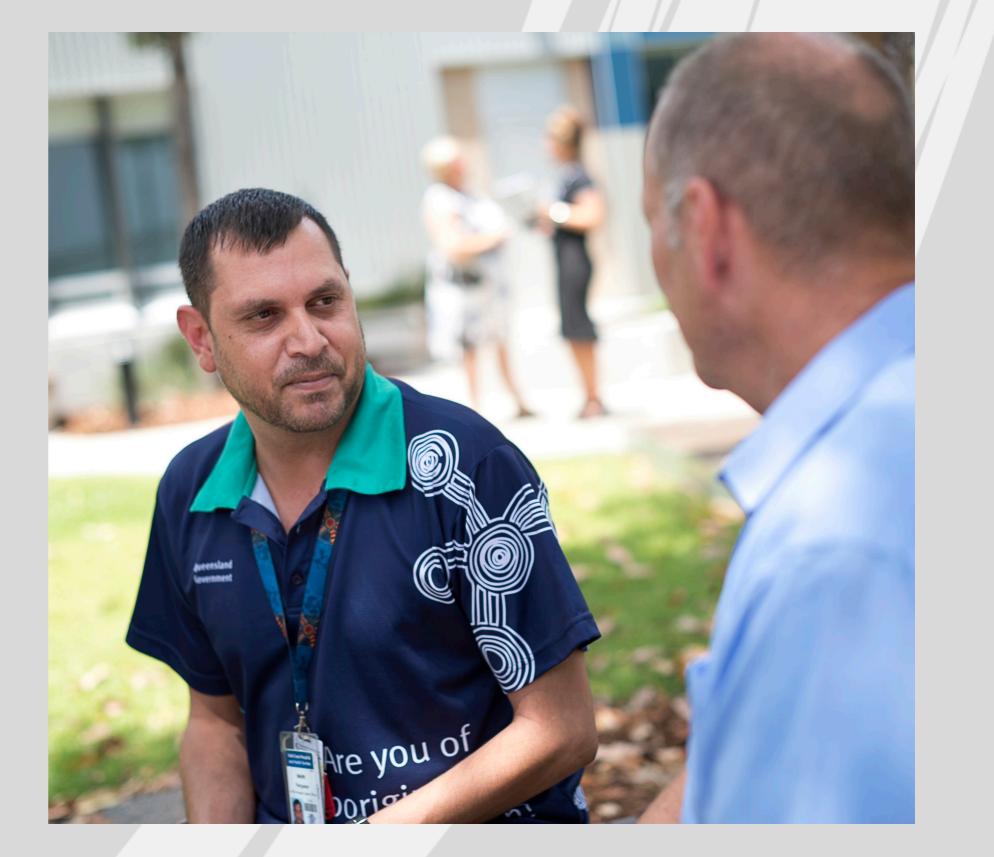
Our services extend across GCUH and Robina Hospitals, plus numerous community locations and

- Plan meaningful care in collaboration with the consumer
- Monitor and evaluate mental health outcomes for consumers
- Collaborate with the multidisciplinary team
- Develop understanding of the need for trauma informed approaches to practice
- Mental health transition support program articulated to post graduate tertiary units

- services
- Alcohol and other drugs
- Acute adult
- Acute young adult
- Mother and babies
- Child and youth
- Older persons
- Extended care
- Residential recovery

## Educational Resources

- I2 month Transition Support Program supported by skilled Mental Health Nurse Educators and Facilitators
- Clinical supervision
- Peer support
- Reflective practice opportunities
- Suicide prevention pathway workshop



Access to second year pathway for development of management skills



