

# Mental Health and specialist services

## Gold Coast Hospital and Health Service

Nine inpatient units and several community teams provide mental health care and specialist services for all ages from young people to the older person.

### Learning Opportunities

- Develop specialist assessment skills
- Provide care utilising a bio psychosocial model
- Plan meaningful care in collaboration with the consumer
- Monitor and evaluate mental health outcomes for consumers
- Collaborate with the multidisciplinary team
- Mental health transition support program articulated to post graduate tertiary units
- Develop understanding of the need for trauma informed approaches to practice



### Professional Opportunities

- Alcohol and other drugs
- Acute adult
- Acute young adult
- Mother and babies
- Offender health
- Child and youth
- Older persons
- Specialist community
- Persistent pain
- Extended care
- Residential recovery

### Educational Resources

- Transition support program
- Nurse educator/s and clinical facilitators
- Preceptor workshop
- Scholarships to support post graduate study
- Mental health and specialist services workshops
- Supported specialisation education pathways

