

Complex Management Unit (CMU)

H2 East | Robina Hospital

complex management

The Complex Management Unit (CMU) is a 20 bed subacute unit where patients with complex psychosocial and functional needs are admitted while they await discharge planning. The unit is supported by a rehabilitation physician and a geriatrician. The unit offers opportunities to provide ongoing person-centred care to long stay patients.

Professional Opportunities

- Clinical leadership development through succession planning to NUM, CF and CN roles
- Preceptorship
- Portfolio management
- Opportunity to attend training sessions and conferences
- Annual PDP
- Work along with complex care team

Learning Opportunities

- Supporting patients using a multi-disciplinary approach
- Behaviour management through personalised support plans
- Utilise evidence-based interventions to ensure high quality care
- Primary and secondary patient assessment
- Risk assessment and management
- Developing debriefing skills

Educational Resources

- Multi-disciplinary team
- Clinical facilitator, Nurse educator
- Regular ward-based in-services
- Regular simulation training

