

# Mental Health and specialist services

## Gold Coast Hospital and Health Service

mental health

Nine inpatient units and several community teams provide mental health care and specialist services for all ages from young people to the older person.

### Learning Opportunities

- Develop specialist assessment skills
- Provide care utilising a bio psychosocial model
- Plan meaningful care in collaboration with the consumer
- Monitor and evaluate mental health outcomes for consumers
- Collaborate with the multidisciplinary team
- Mental health transition support program articulated to post graduate tertiary units
- Develop understanding of the need for trauma informed approaches to practice



### Professional Opportunities

- Alcohol and other drugs
- Acute adult
- Acute young adult
- Mother and babies
- Offender health
- Child and youth
- Older persons
- Specialist community
- Persistent pain
- Extended care
- Residential recovery

### Educational Resources

- Transition support program
- Nurse educator/s and clinical facilitators
- Preceptor workshop
- Scholarships to support post graduate study
- Mental health and specialist services workshops
- Supported specialisation education pathways

