



A Woman's Dreaming (Sharon McAvoy, 2007)

"Women taking care of Women" is represented throughout the colour palette in this painting, which enforces the feeling of femininity.

The large U shapes symbolise the women (Mothers, Aunties, Grandmothers and friends), and the smaller apricot u shapes represent our children.

It is important to care for ourselves, each other, and our children. The solid purple represents the women's breast and our focus to increase awareness of early detection.

The white dots throughout the painting highlight the importance of screening and sharing this message. The black paths on the inside of the dots represent carrying this message to all communities.

The green bush berries and blue witchetty grubs symbolise healthy eating and a focus on wellbeing.

More information



Get in touch:

8.00am - 4.30pm Monday - Friday,
excluding public holidays.

BreastScreen Queensland Gold Coast
Service is permanently located at:

- 📍 **Burleigh Waters:**
Treetops Shopping Centre
- 📍 **Helensvale:**
Helensvale Plaza Shopping Centre
- 📍 **Robina:**
Robina Town Shopping Centre
- 📍 **Southport:**
Level 1, Hot Tomato Building

The mobile clinic visits Beaudesert,
Eagleby, Elanora, Jimboomba, Nerang,
North Tamborine and Pimpama.

☎ 13 20 50

🌐 breastscreen.qld.gov.au

Phone or book online today.



Working together to achieve First Nations Health Equity.

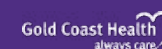


Gold Coast Health information
goldcoast.health.qld.gov.au

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Join the Sistahood!

Book a free breast screen today!



Sistas Shawl

The Sistas Shawl is a modesty shawl worn or used during a breast screen.

The Sistas Shawl is made of a light fabric and includes a press stud at the front. It does not interfere with the breast screen and BreastScreen Queensland Gold Coast Service is trained in the use of the Sistas Shawl.

Aboriginal and Torres Strait Islander women report that the Sistas Shawl provides a strong connection to Ancestors and Country during the breast screen.

“Wearing the shawl... it was like all the Aunties from long ago reaching out and giving me a big hug. I felt connected and supported.” BreastScreen Victoria client.

A simple test can keep you healthy and strong

A breast screen can detect breast cancer before there are any signs, even before you can feel it.

- Breast screening is most effective for women aged 50 to 74. Women aged 40 and over are eligible to attend a free breast screen.
- Breast screening can find breast cancer early, before it can be seen or felt by a woman or her doctor.
- Finding breast cancer early, when it's still small, makes it easier to treat, with more treatment options.
- Breast screening has a normal result for most women, with no cancer found.

Having a free health check every two years is a great way to help you stay strong and healthy - for yourself, for your family and for your community. Supporting your friends to have a breast screen helps keep them safe too!



Breast cancer is the most common cancer among Australian women. When found early, breast cancer is easier to treat.

Breast screening business is women's business

BreastScreen Queensland offers free breast screening for eligible people and can:

- offer group bookings so you can attend with your friends or family
- work with local Aboriginal and Torres Strait Islander health workers, Kalwun and Yallburru to support you.

A breast screen is safe, private and free

The easiest way to get a screen is to make an appointment with your nearest BreastScreen Queensland clinic, or visit a mobile clinic when it comes to your community. Your doctor or health worker can help you make an appointment.

You can take a friend or family member to help you feel more comfortable and you will be given a Sistas Shawl to wear during your screen. A female worker will help you, and she'll make sure you feel relaxed and safe.

Appointments are usually 30 minutes or less, but the test itself usually only takes a few minutes, and it's done in private.

If you notice any breast changes that concern you please contact your doctor or health worker without delay.