

# **Coming to hospital**

Supporting the health and wellbeing of Aboriginal and Torres Strait Islander Community

## What to bring:

- Minimal amount of spending money
- Nightwear and appropriate non-slip footwear
- Toiletries (i.e. toothbrush, toothpaste deodorant, hairbrush, soap)
- Personal aids such as glasses, hearing aids, a walking stick or frame, if necessary
- If you are staying with a child favourite toys, nappies, special items, spare clothes, pyjamas and footwear
- Phone and phone charger
- Emergency contact numbers written down in case of not having a mobile phone handy
- All letters, reports, x-rays, referrals and consent forms relating to your current admission
- Identification, Medicare card, Pension card, Department of Veterans Affairs (DVA) card
- Test results, X-rays and/or any medications, vitamins or herbal supplements you are currently using
- Information about allergies and/or adverse medication reactions
- Something to do while you wait (i.e. a book, magazine, knitting, etc.)



PUB.0262\_MHSS-ATSI-Coming-to-hospital-fact-sheet Artwork produced for Gold Coast Health by Riki Salam, Weare27 Creative



Scan the QR code for more transport information



## Transport

#### CAR

Patients arriving at Gold Coast University Hospital (GCUH) or Robina Hospital can be dropped off at our Transfer Units where 15-minute parking is available.

Parking is available at our hospitals at a cost of \$6.50 per hour. Concessional parking is available for eligible patients and primary carers at GCUH and Robina Hospital. More information is available on our website (scan the QR code above).

Set Down Areas: Passengers can be dropped off at the hospital's main entrance.

#### TAXI

There is a designated pick up and drop off taxi zone at the hospital's main entrance.

#### **PUBLIC TRANSPORT**

**Bus:** There are a number of bus routes available. A bus stop is located at the southern end of GCUH.

**Tram**: The GCUH station is located below the Hospital main entrance. The platform is accessible via stairs, escalator or lift. Trams depart every 15 minutes, 5am-midnight.

**Train**: The closest train station to GCUH is Helensvale station, which is a 12-minute trip via the tram. Robina Train Station is conveniently located directly opposite Robina Hospital.

*go* cards: You can buy and top-up your go card at G:Link tram station fare machines, selected retailers and attended Queensland Rail stations.





## Accommodation

#### GCUH

Southport Tourist Park (4km) Earls Court Motor Inn (4.3km) Jadran Motel (4.4km) Sunburst Motel (4.5km) Arrival Lodge (4.7km)

#### **Robina Hospital**

Quest Robina (0.5 km) Signature waterfront apartment (6.5 kms) Quality Hotel Mermaid Waters (7.1 kms) Beaches on Wave Street (7.7 kms) Maxmee Resort (11.2km)

Please Note: All accommodation prices are subject to change (eg: School holidays, Public holidays)



Use the QR code to visit our website



## Out of town patients

The Patient Travel Subsidy Scheme (PTSS) provides financial assistance for eligible patients to access specialist medical services not available locally. Ask your referring GP or clinician to provide a Travel Referral (form B).

For more information, visit:

- IPTASS (NSW) www.iptaas.health.nsw.gov.au/home
- PTSS (QLD) www.qld.gov.au/health/services/travel/subsidies

### Get in touch:

8.30am - 4.30pm Monday - Friday

Indigenous\_MobHLO@health.qld.gov.au

(07) 5687 3049

## 

**GCUH Switchboard:** 

1300 744 284

#### **Robina Hospital Switchboard:**



(07) 5668 6000

