

Measles

Symptoms may be:



fever



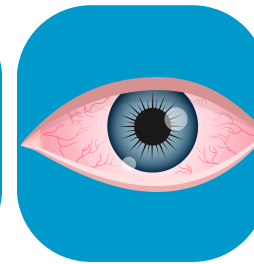
cough



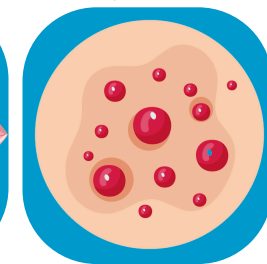
runny nose



tiredness



irritated eyes



red blotchy rash



then 1-2 days later

How it's spread:

- Coughing and sneezing
- Contact with discharge from mouth or nose
- Measles spreads very easily
- Children under 5 years of age can become very sick



It can take up to 18 days to feel sick after being in contact with measles

A person with measles can spread it from about 5 days before a rash appears

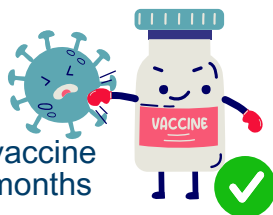
- **Stay at home if you are sick.** Stay away from work, school or childcare while unwell.
- **If you think you could have measles,** phone your doctor for an appointment as soon as possible. Before entering the clinic, phone ahead and tell reception you may have measles.
- **Early testing and treatment** is important to prevent spreading measles to others.



Stop the spread:

Immunisation

- Measles, mumps and rubella vaccine is free to all children aged 12 months & 18 months.
- Two doses are needed to provide a high level of protection.
- If you haven't had a measles, mumps and rubella vaccine and were born during or since 1966 you can have two free vaccines given 4 weeks apart.



Cover coughs and sneezes

With a tissue, throw the tissue in the bin then wash your hands.



Wash your hands

With soap and water regularly, especially after coughing and sneezing.



For more information [click here](#) for the Queensland Health fact sheet or scan QR code: Please contact the Gold Coast Public Health Unit for further information ☎ 07 5667 3200

