

## Symposium

Gold Coast Health Lavender Mother-Baby Unit and Child Health, Benevolent Society, Infant-Parent Counselling and Consultancy Service, Act for Kids, and Queensland Centre for Perinatal and Infant Mental Health present...

# Journey through recovery:

## Working with perinatal families across the continuum of care

### Overview:

Mothers with personality disorders struggle with the adjustment to parenthood. Agencies need to work together to enable perinatal families to navigate their journey through recovery.

This conference has plenary sessions by an Australian expert (Dr Anne Sved-Williams) in the management of mothers with personality disorders in the perinatal period. It also provides an multi-agency, interdisciplinary perspective on care across the different stages of recovery using research and case studies.

**When:** Thursday 2 May 2019, 9 am – 5 pm  
(registration starts at 8 am)

**Where:** Crowne Plaza Surfers Paradise  
2807 Gold Coast Highway, Surfers Paradise QLD 4217

**Cost:** \$120.00 for health professionals  
\$60 for consumers, carers, students and peer workers  
Please contact [gcu\\_h\\_lavender@health.qld.gov.au](mailto:gcu_h_lavender@health.qld.gov.au) to raise an invoice prior to payment.

**Meals:** Refreshments on arrival, morning tea, lunch and afternoon tea are included

**Transport:** Free parking available  
Walking distance from Florida Gardens Light Rail G:link Station

**Accommodation:** From \$149.00 for room only. Book at [bit.ly/journey-through-recovery-accom](http://bit.ly/journey-through-recovery-accom)  
Contact Rob from In House Reservation for details:  
P: 07 5592 9900 E: [groups.surfersparadise@ihg.com](mailto:groups.surfersparadise@ihg.com)

**Registration:** Register and provide payment by April 12 2019 via [bit.ly/journey-through-recovery-register](http://bit.ly/journey-through-recovery-register)

**Disability requests:** Please contact [gcu\\_h\\_lavender@health.qld.gov.au](mailto:gcu_h_lavender@health.qld.gov.au)

**Suitable for:** Health professionals working with perinatal families.  
Consumers, carers, peer workers and students are also welcome. Breast-feeding is permitted.



### Keynote Speaker:

Dr Anne Sved-Williams, AM, worked as a general practitioner for 10 years and part-time in child psychiatry. She trained in family therapy at the Ackerman Family Institute in New York before completing formal psychiatric training. Dr Sved-Williams has since been Medical Director of South Australia's, Helen Mayo House Mother-Baby psychiatric inpatient unit for 31 years. Her teaching interests have included primary care psychiatry, in addition to developing certificates of perinatal and infant mental health training, and the annual Helen Mayo House conferences for the last 25 years. Her research interests over the past 10 years have been in mothers with borderline personality disorders in the perinatal period. She has produced 30 publications, edited a book on Infants of Parents with Mental Illness, and has written 3 book chapters and 2 children's picture-story books (e.g., Meltdown Moments) for families with mentally ill mothers.



**For further information contact Gold Coast Health Lavender Mother-Baby Unit:**

E: [gcu\\_h\\_lavender@health.qld.gov.au](mailto:gcu_h_lavender@health.qld.gov.au) P: 07 5687 7064

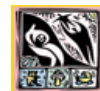
Proudly supported by:



**Gold Coast Health**  
Building a healthier community



**benevolent** SOCIETY



**phn**  
GOLD COAST  
An Australian Government Initiative