

## SAVE THE DATE

### Gold Coast Perinatal and Infant Mental Health Symposium

## Intergenerational Resilience - Adopting a Trauma-Informed Lens



Hosted by Gold Coast Health Lavender Mother-Baby Unit and Child Health, Gold Coast Primary Health Network, Benevolent Society, Infant-Parent Counselling and Consultancy Service, Act for Kids, Mater Hospital, and Queensland Centre for Perinatal and Infant Mental Health.

**Date:** Friday 5<sup>th</sup> November 2021

**Format:** Morning sessions are plenary style and afternoon sessions are workshop style.

Options of:

- 1) Online Morning Seminar – 8.00am – 12.30pm. Link provided closer to the date.
- 2) In-Person Morning Seminar – 8.00am – 1.30pm.

**Venue:** Gold Coast Griffith University, Ian O'Connor Building (G40), Level 4 Auditorium  
1 Parklands Drive, Southport, QLD 4215

**Catering for In-Person Attendance:** Morning tea and lunch for morning seminar.  
Afternoon tea also provided if attending for the afternoon workshop.

**Parking and Transport:** Park at [hospital multistorey carpark](#), [Griffith University](#), or [Southport Sharks](#).  
Park at [Parkwood Park 'n' Ride](#) and tram to G:link Gold Coast University Hospital (click underlined words for link).

**Suitable for:** All those working with families in the perinatal period.  
Consumers, carers, peer workers and students are also welcome. Breast-feeding is permitted.

**Disability requests and for further information:**

Please contact [gcu\\_h\\_lavender@health.qld.gov.au](mailto:gcu_h_lavender@health.qld.gov.au) or 07 5687 7064

**Refund due to COVID-19:** If the conference is required to be a completely virtual due to COVID-19 restrictions, those who pay the in-person rate will be refunded \$40.00.

**Registration by 22 Oct 2021 by clicking here:**

<https://www.bpoint.com.au/pay/goldcoasthhs.eforms/ACA55123-E565-402D-A7F8-F71C77D0915A>

## Registration Fees

Format and Sessions	Catering	Price	Limit of people
Online Morning Seminar 8.00am – 12.30pm	-	\$50.00	-
In-Person Morning Seminar 8.00am – 1.30pm	Morning tea & lunch	\$90.00	-

**All Day Seminar and Workshop – SOLD OUT**

# Timetable

Time	Agenda	Speaker
<b>7.00am – 8.00am</b>	<b>Registration</b>	
8.00am – 8.10am	Welcome to Country	Uncle Ted
8.15am – 9.15am	<b>Plenary session</b> Intergenerational Resilience: Aboriginal and Torres Strait Islander Cultural Safety and Trauma-Informed Care	Seedling Group
9.15am – 10.00am	<b>Community speakers</b> Wesley Mission Queensland YHES House Young Parent Education	Debbie Hunter and Kareen Goodlock
	Trauma Informed Model of Integrated Therapy	Act for Kids
	Supporting Young Families: Parental Well-Being Group and Young Parents Group	Benevolent Society
	Family Wellbeing Service	Mater
<b>10.00am – 10.30am</b>	<b>Morning Tea</b>	
10.30am – 11.00am	<b>Community speakers</b> Using sensory modulation as a trauma-informed approach in supporting mother-baby dyads	Linda Parlato, Lavender Mother-Baby Unit
	Domestic Violence Prevention Centre Children and Young People's Advocates	Gen and Roisin
11.00am – 12.30pm	<b>Plenary session</b> In our infancy: What we know, and do not know, about the infants' experience of family violence.	Dr Wendy Bunston
<b>12.30pm – 1.30pm</b>	<b>Lunch</b>	
1.30pm – 3.00pm	<b>Workshop – SOLD OUT</b> Cultural Living Library: Aboriginal and Torres Strait Islander Cultural Safety and Trauma-Informed Care for Families in the Perinatal Period including Yarning Circles, Bush Medicine and Art Therapy	Seedling Group
<b>Afternoon Tea Break</b>		
3.10pm – 4.30pm		

## Keynote Speakers

### Dr Wendy Bunston



Dr Wendy Bunston has worked and published in the child and family welfare sector for over 30 years. Her PhD on the experience of infants in women's refuges post family violence won the distinguished 'Nancy Millis' award in 2016. Wendy's book include "Helping Babies and Children to heal after Family Violence" (2017) and "Supporting Vulnerable Babies and Young Children" (2020). Her standout, award winning program interventions have been the Peek a Boo Club™, Dads on Board™, and "parkas" – Parents Accepting Responsibility – Kids Are Safe.

Dr Bunston's plenary will look at infants exposed to family violence and how we can create healing through working alongside the infant; as a 'subject in their own right', and who is entitled to be an equal participant.

For preparation prior to attending the symposium:

listen to the 18-minute podcast on infant led practice <https://www.youtube.com/watch?v=kl2R4ust8ck>  
and/or download <https://link.springer.com/article/10.1007/s10896-020-00226-5>

## Seedling Group

### Nicole Tujague

Nicole is a descendant of the Kabi Kabi nation from Mt Bauple, Queensland and the South Sea Islander people from Vanuatu and the Loyalty Islands. She grew up on the Queensland Aboriginal communities of Bamaga, Kowanyama, Woorabinda and Yarrabah and has worked with students from 91 Indigenous communities across Australia including 190 scholarship students and their families. This entailed supporting Indigenous students and their families and communities around issues of trans and inter-generational trauma, mental health and issues associated with coping with mainstream environments. Nicole initiated and launched a peer support program for student support staff to ensure they received appropriate psychological supervision while working with Indigenous students and their families.



Nicole has participated in multiple research and evaluation projects throughout Australia and is particularly interested in co-design and culturally safe and Indigenous led evaluation. She has facilitated training for community, government, corporate and private sectors in Trauma Informed Practice and Care and Healing.

Nicole's area of research for her PhD thesis is Indigenous Evaluation, that is, understanding what Aboriginal and Torres Strait Islander Peoples feel is important when evaluating projects that affect their lives.

### Kelleigh Ryan



Kelleigh Ryan is a descendant of the Kabi Kabi people of South-East Queensland and the Australian South Sea Islanders with connections to the people of the Loyalty Islands on her mother's side. Kelleigh is a registered psychologist with a private practice in Brisbane, working with Indigenous and non-Indigenous clients from Australia and overseas. Her passion lies in providing psychological consultancy through her company The Seedling Group, delivering Culturally Safe Trauma Informed Responses and Healing work for organisations, communities and individuals across Australia.

Kelleigh specialises in combining both Western clinical knowledge and Aboriginal knowledge of healing to guide her counselling, therapeutic intervention, critical response and psycho education work. Kelleigh holds a seat of the Australian Indigenous Psychologist Association Board (AIPA) and is one of the founding members of the newly formed First Peoples of the World Psychology Network.

In 2019 Kelleigh was honoured with the Indigenous Allied Health Australia's "Lifetime Achievement Award" and is the first Aboriginal Psychologist to be appointed as a Clinical Assessor on the Psychologist Panel of Assessors for the Queensland Civil and Administrative Tribunal (QCAT). Kelleigh develops and delivers specialised therapeutic support, supervision and group consultation for Indigenous agencies who continue to respond to the changing healing needs of Aboriginal and Torres Strait Islander survivors of complex trauma. Supporting individual, group, family and community change, through transitional practices, from Trauma Informed to Healing Informed and Trauma Aware, supports our clients to grow from just enduring towards a stronger more resilient approach, that is healing.