

1 2 3 for a health-ready GC

Disaster-ready Healthcare Plan

In addition to your disaster emergency kit, consider your healthcare requirements when making an emergency plan. Your Disaster-ready Healthcare Plan is a place to collate important healthcare information and consider how you will manage your health conditions in a disaster.



Personal information

First name: _____ Last name: _____ Phone: _____
 Street address: _____
 Suburb: _____ State: _____ Postcode: _____

Key medical information

Emergency contact details
 First name: _____ Last name: _____ Phone: _____
 My Health Record registration status: Registered Not registered
 Allergies: Yes No If yes, provide details: _____

Key contacts:

Health support	Name	Phone	After hours contact
Emergency services	Police, fire and ambulance	000	000
Non-urgent medical advice	13 HEALTH	13 43 25 84	13 43 25 84
General practitioner (GP)			
Home care provider			
Local chemist			
Medical equipment/supplies			
Electricity provider			

Healthcare plan:

Condition name/type	Details of equipment (if required)	Location of management plan (if available)

Medication plan:

Condition name/type	Medication name	Dosage	Prescribing doctor

Alternative accommodation (in case of evacuation):

Name	Phone	Address