

# Order Form

## What is Culture Therapy?

Culture is central to Aboriginal and Torres Strait Islander identities and is considered a pathway to healing and wellbeing (Lowitja Institute, 2020). Participation in cultural practice such as art, dance, song and Caring for Country, has sustained lore, custom, language and relational connection over time. Cultural practice continues as living culture, expressed by Communities, families and individuals. When used as a treatment to relieve and heal, cultural practice becomes **Culture therapy**, a health enhancing and health promoting behaviour (Rankmore, 2024).

The available culture therapy items aim to facilitate the discovery of First Nations narrative, art and story as a cultural practice which can be enjoyed by First Nations Australians and the broader community.



## How can I use Culture Therapy?

- **Patient activity:** Promote well-being and cultural exploration within patient activities.
- **Waiting Rooms:** Create culturally enriching waiting room environments.
- **Patient Wellness Programs:** Use within existing programs to foster holistic health practices.
- **Social and emotional wellbeing support:** Use as tools to support health and healing.
- **Culturally sensitivity situations:** Promote cultural awareness and sensitivity within individuals and groups, while building trusting relationships with First Nations Australians.
- **Workshops and Seminars:** Use as tools to educate and inspire.
- **Events and Celebrations:** Integrate items into festivities, events and gatherings.
- **Training and Education:** Use as teaching aids to promote cultural awareness and build cultural appreciation among students.
- **Team Building:** Foster teamwork and greater cultural understanding.



Good health and wellbeing for Aboriginal and Torres Strait Islander Peoples is a holistic concept which extends beyond a biomedical definition of health to include physical, social, emotional, spiritual, and ecological wellbeing, for the individual and the community. (National Aboriginal Health Strategy Working Party, 1989)



## Order process

1. **Place and submit order** - Complete order form and email to: [gchfirstnationshealthequity@health.qld.gov.au](mailto:gchfirstnationshealthequity@health.qld.gov.au)
2. **Notification** - The order form will be sent to QLD Health Print, with the order contact cc'd in.
3. **Quotation** - A quote will be sent to the order contact.
4. **Confirmation** - Purchase Order Created or Cost Centre Transfer processed. The order contact will confirm the order with QLD Health Print and raise a Purchase Order.
5. **Production** - QLD Health Print has the production artwork.
6. **Delivery** - The order will be dispatched directly to the address on the Purchase Order
7. **Feedback** - Submit your feedback form to the First Nations Health Equity Team.

**Note: price may vary based on order quantity, time of year, and supplier availability.**

## Order contact information

Contact Name:

Division/Unit:

Role/Position:

Email:

Phone:

Location:

## Authorisation / approval

Name:

Cost Centre number:

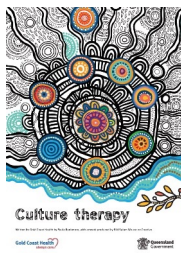
Financial delegate name:

Financial delegate signature:

*Electronic signature accepted*

Date:

## Order details



**Culture Therapy Booklet Size:** A4

**Pages:** 16

**Suitable:** Felt tip markers or pencils.

**Quantity:**



**Kappa board**

**Size:** A4

**Pages:** 1

**Suitable:** Felt tip markers or pencils.

**Quantity:**



**GCH Values folding booklet Size:**

A3

**Pages:** 1

**Suitable:** Felt tip markers or pencils.

**Quantity:**



**White Board (Vinyl)**

**Size:** Various options A4 to A1

**Pages:** 1

**Suitable:** White board and felt tip markers or pencils.

**Quantity & Size :**



**Chalk Board (Vinyl)**

**Size:** Various options A4 to A1

**Pages:** 1

**Suitable:** White board and felt tip markers or chalk.

**Quantity & Size :**



**Felt tip markers**

**Set:** 12 coloured markers.

**Quantity:**

