

# Access Team

The Child and Youth Mental Health Access Team provides a community-based assessment and acute care service for children and young people aged 0-18 years and their families in the Gold Coast region who have complex mental health needs.

The Child & Youth Mental Health Service (CYMHS) Access Team provides a telephone triage service for all new referrals received via telephone, fax, email or through the local Emergency Departments.

Following initial contact, a child/young person and their family may be offered an appointment for an initial assessment to gather more information and/or offer support during a crisis. They may receive information and guidance on how to access other services in the community which will better suit their needs or be referred through to one of our continuing care teams or specialty services.

Referrals to the CYMHS Access Team can be made by self, family member, doctor, school or other professional.

## Treating Team

The CYMHS Access Team is comprised of a range of health professionals including:

- Psychiatrists
- Nurses
- Allied Health Professionals (Psychology, Social Work, Occupational Therapy, Mental Health Clinician)
- Carer Peer Workers



## Location

The CYMHS Access Team is part of a wider Child & Youth Mental Health Service. The community clinic is located within Robina Health Precinct, Level 3, 2 Campus Crescent, Robina, Qld 4226.

Services are available between the hours of 8.30am to 5pm Monday to Friday.

## Referrals

All new referrals should be directed to the CYMHS Access Team through Gold Coast Mental Health and Specialist Services by contacting 1300 642 255 (1300 MH CALL).

Existing referrals should contact the CYMHS Access Team directly on: (07) 5635 6392.

Additional information to support a referral can be emailed or faxed through to:

**Email:**

**CYMHSAccessTeam@health.qld.gov.au**

**Fax: (07) 5635 6392**

**If you require urgent assistance after hours, please contact:**

- 1300 MHCALL (1300 64 2255)
- Your local Emergency Department
- Your General Practitioner