

Yangah

Adolescent Day Program

Yangah meaning ‘Rise Up’ in Yugambeh language (Gold Coast), provides a culturally safe mental health recovery service and integrated education for young people aged 13 to 18 years.

The Yangah Adolescent Day Program provides family-centred support including cultural support to young people who identify as Aboriginal and/or Torres Strait Islander, and clinical interventions for families and carers to optimise a young person’s functioning within their home environment. Young people undertake an individualised educational program that enables re-engagement with education and to undertake meaningful education or employment in the future.

The program operates on the premise that young people can, and do, recover from mental illness. A range of recovery-focused, psychosocial and educational programs are tailored to the young person’s assessed clinical and rehabilitation needs. The program will enable the young person to build on their strengths, enhance their self-esteem, build on opportunities for social inclusion and promote recovery-focused outcomes upon discharge.

Email: GCADP@health.qld.gov.au

Phone: 07 5629 1240

Location

The service operates in partnership with the Department of Education on premises at Robina Hospital so that young people can access an integrated education and culturally safe mental health treatment service. The service is available Monday to Friday with consumers attending 9.00am to 3.00pm each day.

Contact

The Yangah Adolescent Day Program Team Leader is available to discuss referral requirements and eligibility on 5629 1240 or via email: GCADP@health.qld.gov.au.

Current CYMHS consumers aged 13-18 years are eligible for referral. The current CYMHS Treating Team will complete the **ADP Consumer Referral Form** and submit with most current Care Plan documentation to the Yangah Adolescent Day Program Treating Team for review.

Treating Team

The ADP Treating Team is comprised of a range of health professionals including:

- Consultant Psychiatrist
- Doctors and Nurses
- Allied Health professionals (psychology, occupational therapy, speech pathology and social work)
- Aboriginal and Torres Strait Islander Health Workers
- Creative Therapists
- Carer Peer Workers
- Teachers and Guidance Officers.