

Urethritis

What is urethritis?

Urethritis is inflammation of the urethra, the urine passage inside the penis.

The most common cause is infection with chlamydia, gonorrhoea or mycoplasma genitalium. There are other causes including viral infections and non-infectious causes.

Some cases of urethritis have no identifiable cause.

How do I know if I have urethritis?

Symptoms may include:

- discomfort passing urine
- itching, tingling, burning or irritation inside the penis
- discharge from the penis
- redness in the urethral opening

Urethritis is diagnosed with an examination by your doctor/nurse. The cause of urethritis may be diagnosed by a urine test or swabs.

What is the treatment for urethritis?

Urethritis may be treated with antibiotics.

Do sexual partners need treatment?

Sexual partners should be tested for STIs.

What else should I know?

Symptoms may take some time to fully resolve but if your symptoms persist or worsen please contact your doctor/nurse

Screening for STIs

All sexually active people should consider regular testing for sexually transmissible infections.

Gold Coast Sexual Health Service offers express STI screening that is available without an appointment providing you:

- do not have symptoms
- have not been in contact with a sexually transmissible infection.

If you have symptoms, or have been in contact with an STI, contact Gold Coast Sexual Health Service for an appointment.

Check our website at:

<https://www.goldcoast.health.qld.gov.au/our-services/sexual-health> for times and locations

Interpreter services

Gold Coast Health provides interpreter services for patients who are from non-English speaking backgrounds. If you require the assistance of an interpreter, please indicate this on your registration form and advise Gold Coast Health prior to your appointment.

Interpreter services are provided free of charge to all patients who require the service, including non-Medicare patients.



For further information or support, please contact:

Sexual health

Southport Health Precinct

**16-30 High St, Southport,
4215**

Phone: 1300 744 284