

Epidural/Spinal Anaesthesia Patient Discharge Information



You have received an Epidural/Spinal Anaesthesia

Although it is rare, it is possible to experience complications after having epidural/spinal anaesthesia. It may cause a headache, an infection, blood clot or nerve irritation. These complications may develop over days to a few weeks and require prompt assessment and treatment to avoid long term effects.

Please present to your local emergency department if you experience any of the following:

- Redness or pus where the epidural/spinal needle was inserted
- New severe, persisting back pain
- New numbness or weakness in your legs
- Loss of bladder or bowel control
- Bad headache – worse when you stand or sit however improves when you lie down.

If you have any questions regarding these complications, please call the Gold Coast University Hospital on 1300 744 284. Ask to speak to the Obstetric Anaesthetist.

This service is available 24 hours, 7 days a week.

In case of emergency call 000



Interpreter services

Gold Coast Health provides interpreter services for patients who are from non-English speaking backgrounds. If you require the assistance of an interpreter, please indicate this on your registration form and advise Gold Coast Health prior to your appointment.

Interpreter services are provided free of charge to all patients who require the service, including non-Medicare patients.