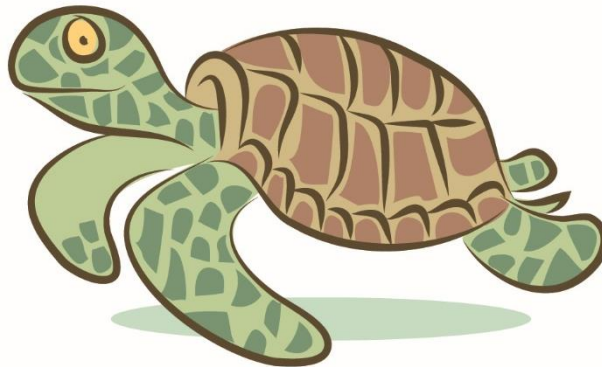


# Ways to help me say... 't' and 'd'



## 1. Show me (visual cues)

- Help me look in a mirror so I can see my mouth
- You model the sound by repeating lots of words that contain the 't' or 'd' sound

## 2. Tell me these tips (verbal cues)

- "Put the the tip of your tongue behind your top teeth and tap it quietly 't, t',t', like a tap dripping"

## 3. Help me say my sound in:

- Isolation
- Syllables (e.g. ta, tea, two)
- Beginning of words (e.g. toy, table, turtle)
- End of words (e.g. eat, hat, bat, hot)
- Phrases (e.g. I want a toy)

## 4. Other tips which might help me:

- Aspiration Trick to help blend  
(e.g. four = top = t-hop, tea = t-he)

Please give me lots of **praise**.  
e.g. "That was a nice 't' sound! Your  
tongue went behind your teeth"

You can also praise me for good  
sitting/listening/looking/trying e.g. "Good  
trying"

**"I'm getting better at saying my 't'  
sound each time we practice**

**Thanks so much for helping me!**