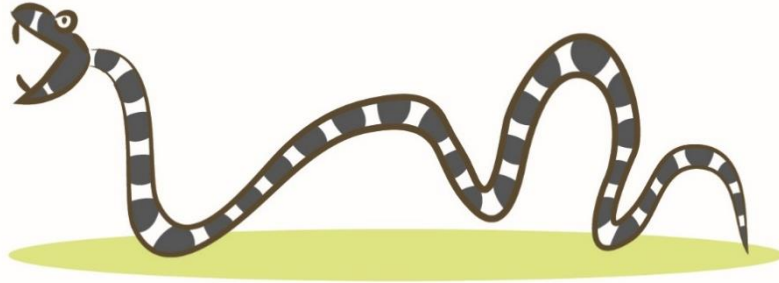


# Ways to help me say... 'st'



## 1. Show me (visual cues)

- Help me look in a mirror so I can see my mouth for both the 's' and 't' sounds
- You model the sounds by repeating lots of words that contain the 'st' sounds

## 2. Tell me these tips (verbal cues)

- "Remember to use your two sounds together."  
(e.g. "s...t – st")

## 3. Help me say my sound in:

- Beginning of words (e.g. stop, star)
- Phrases (e.g. that is hot steam)

## 4. Other tips which might help me:

- Initially separate the sounds and then combine them to help me say both sounds  
(e.g. s...top → stop)
- Or try chaining it backwards  
(e.g. tar → sssstar)

Please give me lots of **praise**.  
e.g. "I heard you say both sounds!"

You can also praise me for good  
sitting/listening/looking/trying e.g. "Good  
trying"

**"I'm getting better at saying my 'st'  
cluster each time we practice  
together!"**

**Thanks so much for helping me!**